

## 12.2 PRINCIPLES, POLICIES, & PRACTICES

Law is nothing more than policy distilled in legal form and language.  
Policy flows from principle, and principle flows from paradigm.  
(pronounced *paradaim* \_\_check spelling on how to pronounce it)

What is a principle? It is defined as a 'basic truth.'

What is a paradigm? It is also known as our 'mindset'—the way we think, and how we look at ourselves in relation to the world. If we see ourselves as guardians and caretakers of the Earth, that will be the guiding principle from whence will flow all other truths.

The list below is only a sample of some basic truths, distilled from experience and insights. It is meant only to tickle your thinking and feeling, dear friend. If we accept that our role on Earth is as guardian and caretaker, many things will flow. Please let us play this game of thinking of some basic truths, and how they can be applied to make our world fit to live.

### BASIC TRUTHS

<b>Environment:</b>	Is about Life, and the Sources of Life of Land, Air and Waters (the L.A.W. of Life)
<b>Human Nature:</b>	Man is more than matter.
<b>Law:</b>	The best form of law enforcement is when the law does not need to be enforced.
<b>Food Security:</b>	Food security is not about food. It is about nutrition.
<b>Land:</b>	Land is the source of all our food.
<b>Air:</b>	If we poison our air, we kill ourselves.
<b>Water:</b>	Without water, we wilt.
<b>Moving around:</b>	Those who have less in wheels must have more in roads.
<b>Money</b>	Money is only a piece of paper, a number. The new currency is the Money of moments, memory, and magic!

## From PRINCIPLE to POLICY to PRACTICE

Policy is the course of action that flows from the principle. Practice is actually taking that action.

**Principle:** Environment as the LAW of Life.

**Policy:** Every effort must be taken to conserve, protect, and restore the supply and quality of these Life-Sources.

**Practice:** Identify sources of land, clean air and water.

1. Land- break up part of the concrete roads and pen areas suitable for re-vegetation will be planted and cared for.
2. Stop poisoning the air with the toxic fumes from motor vehicles
3. Stop dirtying the freshwater and seawater and restore its supply and quality.

Picture/story: Slice of life style of the new world

1. Polluted rivers being restored. People canoeing on the river as recreation people biking on the banks
2. Cemented roads are broken up and turned into edible landscaping
3. Take out cars and motor vehicles and draw the SeCRET (self-contained renewable energy transport) as the main means of transportation
4. Parking lots turned into edible rain gardens.
5. Contour-farming/terracing activities in the mountains, and showing springs flowing again because of the increased forest cover that captures and stores the rainwater, and regulates its flow through springs.

## HUMAN NATURE

**Principle:** Man is more than matter.

**Policy:** Shift away from money-centered entertainment and leisure. Focus on promoting the three sources of genuine happiness – Relationships, Work, and Leisure.

**Practice:** Create open areas where people can re-connect with Nature, where there will be activities designed to promote wholesome bonding with family and friends.

1. In parks, people bond with their families in wholesome recreation such as: Fishing, boating, swimming, football, volleyball, gardening and sharing their produce, biking around in small and big groups, camping in beautiful areas,
2. Facilities for support for physical, emotional and spiritual wellness
  - a. Physical
    - Exercises – including tai-chi, yoga classes in the parks
    - Food sharing centers where people with extra food can leave them in the “Free Store” – where people can give what they don’t need and get what they need.
    - Health centers – where people will be cared for by traditional and conventional health protocols
    - Caregivers for the elderly, sick, and youth
    - Eco-day Care Centers – “The child is the father of the man.” \_\_\_
    - The formative years of a person is between the ages of one day to six years old. Start them young
    - Eco-day care centers – teachers will teach their wards how to plant and care for e vegetables and trees, to appreciate flowers, birds, and the exuberance of life.
    - People helping each other build shelters/homes and till their farms (bayanihan)
  - b. Emotional
    - Towards a new and caring world where there will be centers for counseling, caregiving, and art lessons for young and all. (see concept of the Art Center for the Earth
  - c. Intellectual
    - Mind games discussions may be held under the trees, beside lotus ponds or the banks for rivers, lakes and seas,
  - d. Spiritual
    - Reconnecting mind-body-and-spirit in mindful-breathing exercises now-ness sessions (picture of people in yoga or in mindful breathing

## LAW

**Principle:** The best form of law enforcement is when the law does not need to be enforced, because there is voluntary compliance.

**Policy:** Use positive stroking to identify and recognize good behavior. Apply the techniques of 'legal marketing' – social marketing with a legal bite – to promote voluntary and enthusiastic compliance with the spirit of the law.

***“The greatest hunger of man is not for food. It is for appreciation.”***

**Practice:** Identify best practices, success stories, and lessons learned from around the country. Hold regular and spontaneous recognition ceremonies to appreciate people doing good work. the work of people

Painting of people/slice of life style

Legend:

1. Political Leaders recognizing good behavior and giving non-monetary rewards (rice, clothes, vegetable seeds or planting materials, scholarships, etc.)
2. Regular recognition events in the Presidential Palace or Provincial/State Capitol to give recognize good behavior – generate positive energy.
3. When the law must be enforced at all, it must be 'swift, painful, and public' -- Swift for certainty, painful for memory, and public for prevention.

But apply compassionate justice and restorative penology, e.g., those convicted of illegal fishing will be tasked to restore the seas by putting up marine sanctuaries and fish refuges; those convicted of illegal logging will be tasked to do tree planting and caring for tree nurseries.

## FOOD

**Principle:** Good food means good nutrition.

**Policy:** Return to healthy plant-based diet. Source of food must be as close to the user as possible. This is also known as the proximity (nearness) principle.

**Practice:** Edible landscaping and edible rain gardens.

Painting here of people planting moringa (malunggay) on vacant places, gabi (and root crops). Consult landscape architect and urban planner.

- Food must be sourced as close to the users as possible.
- Promote urban edible gardens and rain-water collection.

Break up concrete roads and parking lots in cities in the most heavily-populated areas.

- Transform them into community edible gardens and rain-catching ponds  
For a start, hold weekend community vegetable fairs from the produce of the edible gardens.
- Make edible gardening a required
- Community supported agriculture

## TRANSPORTATION

**Principle:** Those who have less in wheels must have more in roads.

**Policy:** Use land very efficiently and with maximum impact.

**Practice:** Set aside a portion of the road, break up concrete and restore it to land and soil for the exclusive use as urban edible gardens.

Road sharing drawings:

\_\_\_ Radel and AO: Transportation and Air Drawing may be made into one/

## AIR

**Principle:** Without Air, we die.

**Policy:** Remove as air-poisoning motor vehicles and convert the cemented roads into green walkways, bike lanes, and urban edible gardens. Urban revegetation and putting up of rain gardens as a measure against flooding.  
Shift use of  
Serious and sustained energy conservation and energy efficiency measures.

**Practice:** Road sharing and edible planting exercises every Sunday, increasing in increments until mind-shift happens.

Slice of Life drawings

Road sharing exercises

Fun activities, Zumba, yoga, walking, rain garden making, etc.

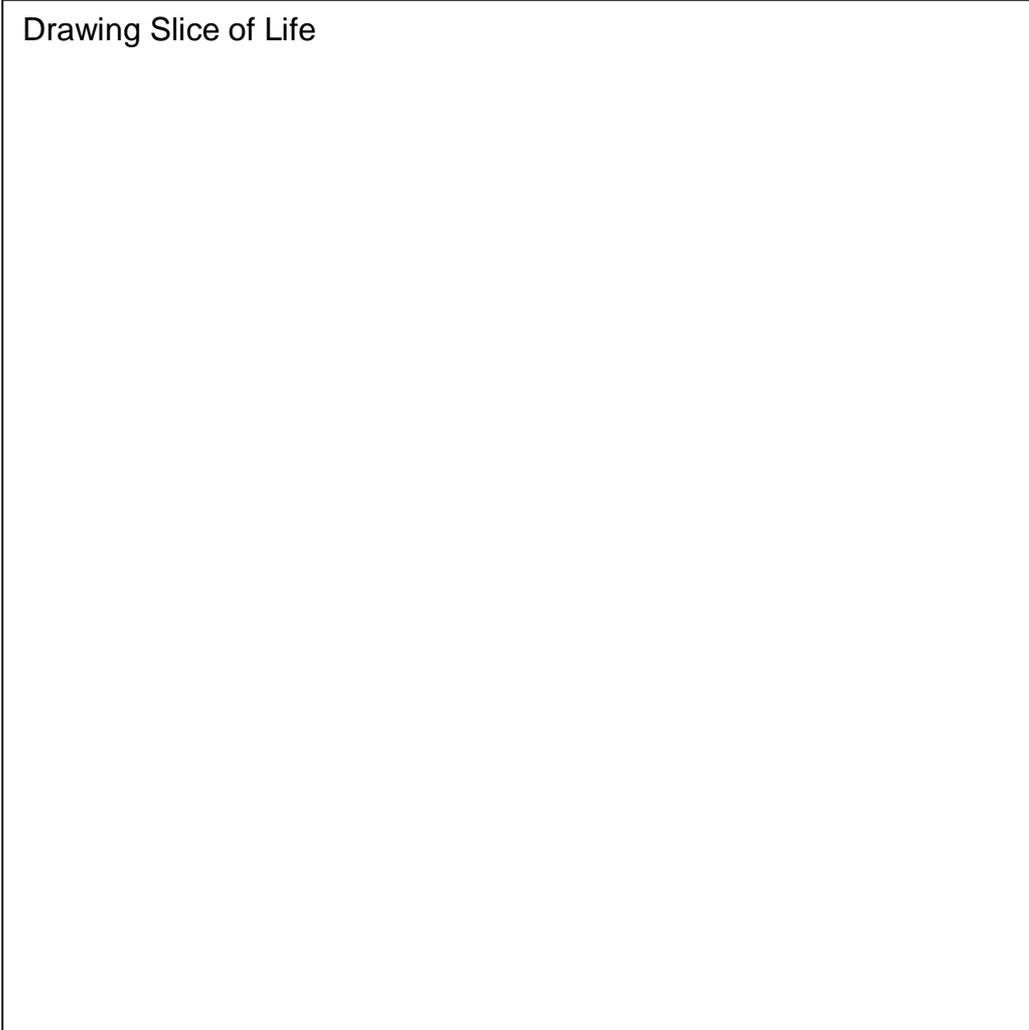
## WATER

**Principle:** Without water, we wilt.

**Policy:** Conserve and reuse water endlessly.

**Practice:** Clear and restore rivers, ponds and lakes. Where there are none, create waterways and water bodies. They will be needed to capture and store precious rainwater. Otherwise, they will become the cause of disastrous flooding.

Drawing Slice of Life



## MONEY

Principle: Money is the root of evil.

Policy: As *bonus pater familia* (good father of the family), Government must shift its emphasis from the making of money and focus on caring for its people by giving examples of sublime generosity.

Practice: Promote non-monetary enjoyment of services, eg. open spaces, parks, sports facilities, venues for the arts, etc.

- Use taxes to discourage anti-social behavior (cars, excessive accumulation of profits, etc.)
- Use funds to build homes, parks, edible rain gardens –  
Objective: nutritional security,

DRAWING of money being used to build houses, care for people, engage them in acts of enlightened citizenship.

This drawing can be consolidated of the Human Nature section.

## WASTE

**Principle:** There is enough for everyone to use, but not enough for any one to waste.

**Policy:** Remove the word 'waste' from our mental and working vocabulary. Instead, use the word 'used', as in 'used waters, used materials, 'used air'.

**Practice:** No waste in plastics (shredded and ground to mix into cement for walls, tables and chairs,

Slice of Life drawings of:

1. Organic waste turned into compost
2. Non-organic waste re-used or repurposed
3. Water flowing from the Skyway and roofs captured, collected in ponds, lakes (to serve as water reservoirs).
4. Coal-fired power plants converted into solar and wind-power. Carbon dioxide released is captured in trees and mangroves near the area. Use environmental economics to determine metrics for the release-and-capture of CO<sub>2</sub>.
5. Houses installed with solar and battery powered lights.

End here – other notes below can be included in the Slice of Life drawings by the infographic legend.

Law punishes bad behavior. (The Law prohibits an act. If this act is committed and the law is violated, it provides a punishment. Prohibiting and punishing is negative energy.)

But how do we promote good behavior? By rewarding good behavior.

Can Law turn its mindset around such that instead of punishing bad behavior, it will become an incentive, and a power tool to pursue good behavior?

“The best form of law enforcement is when the law does not need to be enforced.”

Those are the paradigm shifts.

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Role of Taxation to:

Promote or discourage human behavior.

Raise revenues for the government for catalytic projects.

This must be creatively used to:

Reduce the burden of taxation to only 10 flat rate for all.

But apply consumption tax (eg, VAT), excise tax, etc) to discourage conspicuous consumption.

But promote tax compliance with simple and easy mechanisms designed to good citizenship programs.

Reduce road building. Focus on putting up dwellings, and on restoring Land (soil to grow food), Air (bike lanes, walk ways, and vegetation all around), and Waters (secure all water sources).

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See Exec Order 774 (2008). It is all there. CPR ECONOMICS policy framed into Law.

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Shifting the paradigm from the pursue of material wealth to sufficiency of material needs and for the non-material development to human being.

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Finance Reform:

The role of money must be reduced to as little as possible. Legal tender will aspire to be in the currency called “moments”.

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Mobility and transportation and moving from one point to another must not only be inexpensive, it must be fun and healthy and it must restore the spirit of community

Eg, Self-Contained Renewable Energy Transport

Bike Esponja

Bike lanes, canals and open spaces of The Netherlands.

Covered sidewalks

Shaded Bike Lane

Pedal-powered

No debts – Government must spend only what it has. It should not borrow money for anything except where the returns are measurable, not just in ROI (Return on Investment) of money but in the form of another form of ROI -- Return on Impact.

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Customs and Tariff

Luxury items must be strictly regulated and heavily taxed.

But open the market for boats and yachts.

Pearls of the Orient Sea, with its thousands of islands, can be a sailing center and destination of the world.

Need to fix the piracy and kidnapping problem

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Medicine and Health Program

Develop the medical arts and health sciences. Cuba was able to reach the level of excellence despite its lack of resources especially after the fall of the Berlin Wall.

Develop centers of excellent for traditional and alternative medicines, side by side with conventional and invasive medicine.

Focus on prevention on diseases – by exercise, good food, good relations.

Provide open spaces and sports facilities, especially for swimming and water sports.

Provide good nutrition.

Craft a nutrition program for the country. Stop eating rice and wheat. Eat vegetables and fruits. Return to diet of the Chimpanzee, but coupled with culinary arts.

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Withdraw from the World Trade Organization and focus on developing local goods. (study the raison de etre and the benefits of the WTO. If it encourages material consumption, withdraw and be only observer status.

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Transportation:

“Those who have less in wheels must have more in roads.”

Transportation is meant to move people in as safe, as efficient, and inexpensive, as convenient and comfortable as possible.

Pictures of covered sidewalks and shaded bike lanes.

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### Parking: Public Nuisance

In every jurisdiction in the world, the basic principle of law is the principle of nuisance. No one may use his property to physical, emotional, mental, and moral well-being of others. An obstruction of the road, sidewalk, or waterway is defined as a public nuisance.

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### Rivers and Riverine systems

Open up the rivers, canals, and esteros (estuaries). Let this be the primary preoccupation of the people.

Identify the sources of pollution. Give recognition and credit to those who are not polluting and advise those who are pollution that we will help them address their pollution as soon as possible using the techniques of legal marketing.

### Department of Education

Adopt the Waldorf system of experiential education.

Make education an art where people are taught what is ... and what it can be.

Give them the power of inspiration.

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Department of Agriculture, in cooperation with the Dept of Health – Nutrition Council and the Culinary Institutes/Schools of the Philippines.

Make the Philippines a center for organic, healthy, and tasty foods.

Identify the foods that need to be grown according to its level of nutrition.

Plant, grow those natural foods using the proximity principle – plant closest to where the users are. Eg, plant vegetable on windowsills, walls, roofs of houses and apartment buildings.

Planting vegetables and gardening must be part of the activities of children in school. Incentive (STAR) program for children who grow their own vegetables. Recognition by Mayors and high-level political leaders.)

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### Edible Gardens

All houses that have edible gardens, even vertical edible gardens will have an attractive tax rebate on their real property tax.

Weekly activities to be held to promote edible gardening.

Edible gardens must be built on road space and road sides.

Department of Public Highways must break up at least one lane of all the 4 lanes roads and above, for a width of about 3.5 meters). Restore said lane into land and soil for the people to be lent land for the planting of community edible gardens and fruit trees.

Broken up concrete will be trucked to the sea and dropped into areas that will become fish shelter and nurseries (like the one we did in the SEA Camp).

This is not to be called “urban farming” because that will allow people to keep animals (chickens, pigs, goats, etc.) This endeavor must be called “urban edible gardens’, “edible landscaping”, “edible walls”. Emphasize on the Edible.

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### Rainwater Catchment Ponds and Canals

Flooding will be a reality. Let us prepare for it.

All canals and waterways must be identified and restored. Government should take the lead in clearing the waterways and relocating the informal settlers to suitable areas nearby. Multi-storey housing, but with a lake/pond and edible garden.

When canals have been opened up, then let's clean them up, put fish and vegetables, and then use them as waterways and as recreation areas.

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Housing.

Give families dwelling units according the size of their families. Have Filipino-designed/inspired houses using local material but wind and typhoon resistant.

See example set by Lee Kuan Yew and Singapore. People must have their own homes. That is what attaches them to the country, and gives them a sense of belonging and of being a citizen.

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Water Systems

Secure Water – a vital source of life -- at all costs. Decentralize the dams and reservoirs to as units that are as small as possible. Neighborhoods and villages must have their own water supply in case. This is also part of disaster-preparedness.

Real property tax rebate also on rainwater catchment ponds.

See also houses in Bermuda Island in the Caribbean that have roofs designed to collect rain and their storage system.

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Economics:

CPR Economics will be the main thrust of the economic activities.

Manufacturing that consumes too much raw materials and energy and generates toxic wastes will be discouraged, heavily taxed and re-channeled to environment-friendly industries (making of bicycles, man-powered SECRETs, research and development of low carbon airplane and boats.

Building of houses and child care.

Focus on the Creative Economy (Music, Visual Arts, landscaping architects and land use planners, etc)

National Economic Development Authority will be transformed into becoming the National Eco-economic Development Authority (NEDA)

Making up rain gardens and community vegetable gardens.

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Link up with GK community-building and social-enterprise activities that use local materials and labor.

BIR--- Bureau of Inspiration Revenue—It will create revenues to inspire people to do great things. The bads, consumer goods, luxury items, especially those with heavy carbon or ecological footprints will be taxed very heavily. Whereas income of ordinary people will be taxed nothing up to 1,000 million pesos.

Urban edible gardening and other

Whisky, cigarettes, gasoline/coal/fossil fuel, cars, will be taxed heavily.

TESDA:

Focus on eco-economic vocational skills.

Making of tutubi train.

Making of SECRETs (Self-contained renewable energy transport).

Sailboat making.

Making of marine sanctuaries and forest reserves)

Sports Commission

Focus on sports that can be played by as many as possible regardless of height, certainly not basketball, we don't stand a chance against the big boys.

Focus on football, swimming, biking, rowing, dragon-boat racing, sailing, generally water-sports, scuba-diving (develop world-class activities such

as the ray and shark sanctuary making, mountain-climbing/trekking especially during summer, camping, naturalist mountain climbers, etc.

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## Principles

The activities of man must follow the laws of Nature.

The best form of law enforcement is when the law does not need to be enforced.

To protect the Earth, we must use the heart.

Those who have less in wheels must have more in roads.

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## Policy

Tax 'bads' (expensive cars, gasoline, cigarette, sin taxes etc. but do not tax goods. Tax idle land, not growing trees. Tax consumer products by VAT. Not income tax.

Exempt government workers earning 50,000 or less from income tax.

Tax behavior undesirable

Promote and subsidize desirable d

Land:

Land and Soil Conservation

Replenishment with organic matter

Community edible gardening

Rainwater catchment ponds

Wetlands

Biochar

Air:

- Remove as many as possible motor vehicles powered by the internal combustion engine and oil-powered.

- Break up concrete from the roads and transform it into a greenbelts and edible community gardens.

Water

Sea water:

Goal:

Restore the productivity of the seas by proper conservation and effective fishing management practices.

Identify sources of marine pollution. Use the armed forces of the respective countries. May be uniformed in blue instead of in war-ready attire to make them more people friendly.

Activities:

Put up many marine protected areas around the country.

Practices

Art

To promote artists, there must be an artists' village where artists can gather, live for a small amount of rent, even given a place to plant and a little stipend, and health insurance.

Sports

- Put up world-class sports facilities, eg, 50 meter, 10 lane saltwater pool in every major city. If beside the sea, make a 50 meter 1—lanes swimming area in the municipal waters.
- Provide housing and stipend for sports people (let them also grow their own food and come up with very nutritious 'sports-performance level diet.